Overview of Minimum Essential Coverage (MEC) Plans



	MEC Only	MEC with 4 Office Visits	MEC with Limited Benefits Coverage
PRICING			
Employee Only	\$56.00	\$65.00	\$99.00
Employee Plus 1	\$71.00	\$81.00	\$139.00
Employee Plus 2	\$81.00	\$86.00	\$159.00
Employee Plus 3+	\$86.00	\$101.00	\$189.00
Minimum Employer Contribution	50% of the employee only rate	50% of the employee only rate	50% of the employee only rate
Minimum Participation	Minimum participation is 10 employees	Minimum participation is 10 employees	Minimum participation is 25 employees
BENEFITS			
Preventive Care	100%	100%	100%
Telehealth	Included	Included	Included
Outpatient Services ¹			
Provider Office Visits	\$20 copay/1 office visit	\$20 copay/4 office visits	\$20 copay/\$1,000 maximum benefit per plan year ²
Illness or Injury	Not Covered	\$20 copay/4 office visits (copay applies to office visits only)	30% coinsurance \$1,000 total benefit/year ²
Network Access	Included	Included	Included
Prescription Drugs	Prescription Drug Card 100% for preventive prescriptions only	Prescription Drug Card 100% for preventive prescriptions only	\$10 copay generic drugs/\$40 copay brand name drugs/\$500 maximum benefit per year
Specialty Drugs	Not Covered	Not Covered	Not Covered
Inpatient Services			
Illness	Not Covered	Not Covered	30% coinsurance/\$10,000 maximum benefit per plan year (\$500 room and board per day)
Injury	Not Covered	Not Covered	30% coinsurance/\$7,500 maximum benefit per plan year (\$500 room and board per day)
Surgeon (Illness)	Not Covered	Not Covered	30% coinsurance /\$1,500 benefit/year
Anesthesiologist (Illness)	Not Covered	Not Covered	30% coinsurance /\$300 benefit/year
Emergency Room Services			
Illness	Not Covered	Not Covered	\$50 max benefit/0% coinsurance (up to 3 visits per year) ³
Injury	Not Covered	Not Covered	\$500 max benefit/0% coinsurance (up to 2 visits per year) ³
COBRA/HIPAA Administration	Included	Included	Included

The maximum benefit amounts listed above are per covered person, per plan year unless otherwise stated. All maximum amounts are applied and capped at \$10,000 per person, per plan year. Must be in-network. Please note the following:

The ABA MEC Plan is a cost effective, self-insured alternative to traditional health insurance. The defined benefit plan is neither insured nor stop loss protected.



^{1.} Outpatient physician's office visits include office visit expenses as well as laboratory tests and X-rays taken during the same visit.

^{2.} The maximums for illness or injury outpatient benefits and outpatient physician's office visits are combined and capped at \$1,000 per person, per plan year.

^{3.} Emergency room visits are not subject to the plan year maximum benefit for outpatient services but are instead subject to the limitations listed above.